



UNION COUNTY SHERIFF'S OFFICE

BEHIND THE STAR

SHERIFF MALCUM J. "JAMIE" PATTON



RAPE AGGRESSION DEFENSE (R.A.D.) WOMEN'S SELF DEFENSE PROGRAM OFFERED AT LOCAL SCHOOLS

Rape Aggression Defense (RAD), is a women's self-defense education program, that is being offered by the Sheriff's Office to Junior and Senior female students at the North Union and Fairbanks High Schools. The program is a two-day event that offers twelve hours of instruction. The RAD program will be conducted by three members of the Sheriff's Office who are trained RAD instructors. The program includes classroom time, as well as hands on practice learning defensive moves through repetition. The course concludes with the students actively participating in an instructor lead scenario where they must use the tactics they have learned, to navigate aggressive actions directed at them.

The RAD program was developed to provide women with options for self-defense, if they happen to be attacked. The program shows step by step tactics that women can use and through repetition and practice, the tactics become easier and more viable options. Past experience has shown the female students that participate in this program show an amazing amount of confidence at the conclusion of the course. The students feel empowered, knowing their strengths and abilities can be used to keep them safe.

The program discusses many different situations a female may find herself in from dates that go wrong, to being alone on public transportation in a high-risk area. The program is a safe place for females to learn and participate to their level of comfort. Observers are not allowed in the course, which creates the type of environment that makes many students more willing to participate in the physical components of the course.

RAD will be held in March for female students at Fairbanks and in May for female students at North Union. "We would like to put on a class for females of all ages during the summer, if there is enough community interest," said Sheriff Jamie Patton.

For more information about RAD or to inquire about a summer class, please contact Alicia Bosch at the Union County Sheriff's Office by email at abosch@co.union.oh.us or by phone at 937-645-4125.